

The Elves and the Homemaker: Getting Chores Done While You Sleep

laundry

WASH

dishwasher

tub

appliance

dishes

DRY

hair

dryer

dehydrator

beans/grains

SOAK

toilet

water plants

marinate dinner

leftovers

DEFROST

milk or broth

bread & butter

meat

bone broth

COOK

slow cooker
breakfast

ferment
something

moisturize
hands/feet

facial

HEAL

hair repair

home remedy

*Relaxing
stretches*

squats

MOVE

life extensions

*lymphatic
massage*

“The noble woman makes noble plans and with noble deeds she stands.” Is. 32:8